



## Mieux-être CJ Wellness Registration

### HAND REFLEXOLOGY

Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail: \_\_\_\_\_

Telephone - home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

**Details:** This is a **reflexology technique** course. It may be taken for personal interest, continuing education or professional certification purposes. (Participants must be 18 years of age (or have completed high school) but, beyond this, there are no prerequisites.

Topics include...

- Standards of Practice
- Structure and Function of the Hand
- Hand Palpation
- Hand and Nail Observations
- Conditions of Hands and Nails
- Zones on Hands
- Meridians on Hands
- Nervous System on Hand
- Endocrine System on Hand
- Respiratory System on Hand
- Cardiovascular System on Hand
- Digestive System on Hand
- Urinary System on Hand
- Immune & Lymphatic Systems on Hand
- Reproductive System on Hand
- Musculoskeletal Systems on Hand
- Hand Session Documentation
- Relaxation Techniques
- Hand Method

Course code Schedule

2020-02-H – Dates: 2, 16 février et 1, 15 mars 2020 / February 2, 16 & March 1, 15, 2020

2020-07-H Dates: 7,8,9,10 juillet 2020 / July 7, 8, 9 & 10, 2020

2020-10-H Dates: 3,20,26,27 septembre 2020 / September 3, 20, 26 & 27, 2020

Times: 09h00 to 16h00

Location: Mezzanine Indépendant 2737 rue Laurier, Rockland ON K4K 1A3

## Hand Reflexology

<b>Stream</b>	<b>Accredited Hours</b>	<b>Cost*</b>	<b>Class Attendance</b>	<b>Home Study</b>	<b>Written Exam</b>	<b>Case Studies</b>	<b>Review Session</b>	<b>Practical Exam</b>
<b>Personal Interest</b>	28 hours	<b>\$750</b>	28 hours required	optional	-	-	-	-
<b>Continuing Education</b>	45 hours	<b>\$900</b>	28 hours required	15 hours required	min. 80% required	-	-	-
<b>Professional Certification</b>	150 hours	<b>\$1150</b>	28 hours required	15 hours required	min. 80% required	50 sessions	3 hours required	min. 80% required

\*The price includes the manual, a home study workbook, class time and, if applicable, exam & review fees.  
The price doesn't include the cost of a professional hand reflexology session (receipt of which is required for professional certification students)

This course, together with **Core Reflexology**, qualifies certifying graduates to be eligible for Professional (RCRT) membership of the **Reflexology Association of Canada (RAC)**.

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Signature

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Date

**(Please confirm your attendance to Carole at 613-292-8377. Return completed registration and applicable cost to Mieux-être CJ Wellness, 3055 old Highway 17, Rockland ON K4K 1W1. Make cheque payable to Carole Joly. Full registration should be paid prior to the start of the course. See course code schedule.**