



## Mieux-être CJ Wellness Registration

### FOOT REFLEXOLOGY

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

E-mail: \_\_\_\_\_

Telephone- home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

**Details:** This is a **reflexology technique** course. It may be taken for personal interest, continuing education or professional certification purposes. Participants must be 18 years of age (or have completed high school) but, beyond this, there are no prerequisites.

Topics include...

- Standards of Practice
- Structure and Function of the Foot
- Foot Check Up and Assessment
- Foot Conditions
- Zones on Feet
- Nervous System on Foot
- Endocrine System on Foot
- Respiratory System on Foot
- Cardiovascular System on Foot
- Digestive System on Foot
- Urinary System on Foot
- Immune & Lymphatic Systems on Foot
- Reproductive Systems on Foot
- Musculoskeletal Systems on Foot
- Foot Session Documentation
- Relaxation Techniques
- Foot Method

Course code Schedule

2020-05-F – Dates: 17, 31 mai et 14, 28 juin, 2020

2020-08-F - Dates: 11, 12, 13,14 août, 2020

Times: 09h00 to 16h00

Location: 3055 old Highway 17, Rockland Ontario K4K 1W1

<b>Foot Reflexology</b>								
<b>Stream</b>	<b>Accredited Hours</b>	<b>Cost*</b>	<b>Class Attendance</b>	<b>Home Study</b>	<b>Written Exam</b>	<b>Case Studies</b>	<b>Review Session</b>	<b>Practical Exam</b>
<b>Personal Interest</b>	28 hours	<b>\$750</b>	28 hours required	optional	-	-	-	-
<b>Continuing Education</b>	45 hours	<b>\$900</b>	28 hours required	15 hours required	min. 80% required	-	-	-
<b>Professional Certification</b>	150 hours	<b>\$1150</b>	28 hours required	15 hours required	min. 80% required	50 sessions	3 hours required	min. 80% required

\* Prices include a manual, a home study workbook, class time and, when applicable, exam & review fees.  
Prices don't include the cost of a professional foot reflexology session (receipt of which is required for professional certification students).

This course, together with [Core Reflexology](#), qualifies certifying graduates to be eligible for Professional (RCRT) membership of the [Reflexology Association of Canada \(RAC\)](#).

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**Signature**

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**Date**

**(Please confirm your attendance to Carole at 613-292-8377. Return completed registration and applicable cost to Mieux-être CJ Wellness, 3055 old Highway 17, Rockland ON K4K 1W1. Make cheque payable to Carole Joly. Full registration should be paid prior to the start of the course. See course code schedule.)**